

NSS-2018-2019

Environment Day Celebration (June 05, 2018):

Environment Day was celebrated by NSS Department. Volunteers planted saplings in the college campus. The volunteers motivated other students to be a part of the plantation drive as this move is going to save our planet.



Tree Plantation drive at college campus to mark Environment Day

Awareness Rally against Drug Menace at Village Bardwal (02.11.2018):

NSS unit of Desh Bhagat College, Bardwal-Dhuri organized a rally at village Bardwal to create awareness against Drug Menace. The volunteers interacted with the villagers and created an awareness regarding drug menace. The villagers were told about various de-addiction centers and to recognize early signs and symptoms of drug addiction among youth.



Awareness Rally Against Drug Menace

Rally Against Stubble Burning (10.10.2018):

NSS volunteers participated in a rally against stubble burning. They visited village Daulatpur and interacted with the farmers and distributed literature creating awareness about the ill effects of stubble burning. The farmers were motivated to use alternate methods instead of burning the stubble, thereby saving the environment.



Volunteers and Programme Officers Interacting with Villagers during the Rally

Seven Day NSS Camp (28.01.2019-03.02.2019):

A seven day camp was organised by NSS Unit of DeshBhagat College, Bardwal-Dhuri from 28.01.2019-03.02.2019. Various activities related to environmental concerns and drug abuse were conducted in the village Bardwal. The volunteers planted plants in the village



Principal Dr. Swinder Singh Chinna During Inaugural Session of the Seven Days NSS Camp

One Day Guest Lecture on Sexual Harassment (30.08.2018): One day guest lecture on Sexual Harassment was organised by NSS Department by Dr. Kavita Mittal, Principal, Desh Bhagat College of Education was the resource person. She highlighted the importance of being safe at workplace and other surroundings. She also let the students know which actions comprise sexual harassment. The students also asked several questions and satisfied their queries.



Dr. Kavita Mittal Interacting With the Students

Vignettes of the Guest Lecture

NSS ACTIVITIES (SESSION 2019-20)

Akhand Path and Langar (21.08.2019):

On 21 August 2019 , NSS department organized Akhand Paath Sahib and langar. The volunteers participated with zeal in the humanitarian task.



Volunteers serving langar

Plantation Drive at Electricity Board (22.08.2019):

On 22 August 2019, plants were planted at electricity board, Dhuri to protect and save environment. The volunteers gave a message of protecting the environment by planting more trees to make earth a better place to live. The activity also conveyed the message of controlling global warming.



Volunteers planting trees and saplings

“Say No To Drugs” Pledge (22.08.2019):

On 22 August 2019, “NO TO DRUGS” pledge event was organized to make the students aware about the harmful effects of drugs. The students pledge never to take or give drugs to anybody under any circumstance. The pledge was followed by a lecture in which the importance of moral values in life was highlighted to keep drugs at bay.



“Say No To Drugs” Pledge

Donation for Flood Victims (29.08.2019):

On 29 August 2019, donation fees for the flood victims were collected by the NSS volunteers.



Donation for Flood Victims

Awareness Regarding Employment (29.08.2019):

On 29 August 2019, students were made aware about employment through the speech of Shri Narendra Modi, PM of India. The students were motivated by the speech as they were rapt listening to the speech.



Students listening to Sh. Narendra Modi's Speech

Book Fair (21.09.2019):

On 21st September 2019, "Book fair" was organised by NSS volunteers in the college campus to motivate the students to learn new things. It also aimed at developing taste for reading books among the students. The students enthusiastically participated in the fair.



Book Fair in the College Campus

NSS Day Celebration (26.09.2019):

On 26th September 2019, NSS day was celebrated by the NSS department. The students were made aware about the history of NSS and the motive behind NSS units in colleges through lecture by NSS Officer, Dr. Manjit Singh. The students also expressed their views regarding service of humanity through interactive session held after the lecture.



NSS Day Celebration

Poshan Maah Abhiyaan Celebration (26.09.2019):

On 26 September 2019, Poshan Maah Abhiyaan was celebrated in which the importance of nutrition in life was highlighted. Asst. Prof. Kamaldeep Kaur, Dept. of Home Science was invited and she enlightened the students about nutrition and the harms of junk food. Students engaged in different activities throughout month to mark the celebration.



Asst. Prof. Kamaldeep Kaur, Dept. of Home Science delivering lecture regarding Nutrition

Awareness Rally Against Harms of Stubble Burning (04.10.2019):

On 4th Oct 2019, an awareness rally was organised at village Daulatpur to make the people aware regarding the harms of stubble burning. The students interacted with the farmers and the villagers to make them understand the harmful effects of stubble burning. They highlighted the issue of pollution ultimately leading to global warming



Volunteers during Awareness Rally against Stubble Burning

Lecture on “Say No to Plastic” (07.10.2019):

Special lecture was organised by the NSS department on "Say No to Plastic" On 7th Oct, 2019 to create awareness about harms of plastic to the environment. The volunteers were made aware how plastic enters food chain thereby harming the life. The use of eco friendly bags was encouraged.



Lecture on “Say No to Plastic”

Celebration of Vigilance Awareness Day (01.11.2019):

Vigilance Awareness Day was celebrated by the department on 1st November 2019. The students were made aware regarding the role of vigilance in life and to be aware of all forms of corruption.



One Day Camp on Cleanliness (09.11.2019):

On day camp regarding cleanliness was organized in the campus by the department on 9 Nov, 2019 in which 100 students took part. The volunteers cleaned the college campus. The drive aimed at creating a sense of belongingness as well as responsibility towards the institute and society.



Volunteers engaged in Cleanliness Drive

Antibiotics Awareness Drive (20.11.2019):

Antibiotics awareness drive was conducted on 20 Nov, 2019. The students were made aware regarding the use of antibiotics and the side effects caused by them.



Students Listening to the Lecture on Use of Antibiotics

Swachh Bharat Abhiyan (04.01.2020):

NSS volunteers participated in Swachh Bharat Abhiyan and carried on a cleanliness drive in the village bardwal on 04.01.2020. The volunteers cleaned the public places of the Village Bardwal. The drive aimed at creating a sense of belongingness as well as responsibility towards the humanity and society.



Volunteers Engaged in Cleanliness Drive

Seminar on Moral Values (28.01.2020):

Special lecture on moral values was organised by the department on 28 jan, 2020 in which Mr. Jaswinder Singh, Treasurer, Save Our Souls Society was the guest of honor. He highlighted the importance of morals and values in life to become a successful person. He also motivated students to save themselves from drugs.



Mr. Jaswinder Singh Speaking on Morals and Values

Drama on “Say No to Drugs” (01.02.2020):

Drama was presented by the students with the theme- "No To DRUGS" On 1st Feb, 2020. The drama motivated the students never to use drugs in life by highlighting ill effects of drugs.



Students staging drama “Say no to Drugs”

Women’s Day Celebration (08.03.2020):

On 8th March 2020, Women's Day was celebrated by the department in which the status of women in society was discussed. During discussion various examples of successful women were given and girl students were motivated to be successful.



Women’s Day Celebration

NSS ACTIVITIES (SESSION 2021-22)

Blood Donation and COVID-19 vaccination Camp:

NSS Unit of Desh Bhagat College, Bardwal-Dhuri organised a blood donation camp in collaboration with Dhuri Journalists Organisation in the college campus on 19.10.2021. 70 units of blood were donated in the camp. The camp aimed at motivating the students for social cause that can save a life by simple act of charity. The volunteers participated with zeal and came forward for the noble cause.



Blood Donation Camp in Collaboration with Journalist Association, Dhuri

Alongside a covid-19 vaccination camp was also organised. Teaching and non-teaching staff members were vaccinated during the camp.



Vaccination Camp in the College Campus

Seminar Moral Education and Human Values:

NSS dept. organised an interactive session on moral education in collaboration with Save Our Souls Society (Sehaj Path Seva Society), Amritsar. S. Satnam Singh Solhpuri enlightened the students with moral education and human values by quoting day to day examples. The lecture particularly aimed at creating an awareness regarding drugs. The speaker motivated the students to stay away from drugs by following the path of morals and values taught by all the religions. Free literature was also distributed to the students and staff members.



S. Satnam Singh Solhpuri Interacting with Volunteers

World Book Day:

World Book Day was organised on 23.04.2022 by NSS Unit of Desh Bhagat College, Bardwal-Dhuri. The importance of books was discussed and various poems were recited by the volunteers. The students were motivated to read good books in the electronic era of mobiles and laptops. They were encouraged to exchange, donate and gift books whenever required. The students shared their reviews of the latest book they had read. 60 students participated in the World Book Day celebration.



A Volunteer Discussing the Importance of Books in Life

Plantation Activity at village Mullowal:

A plantation drive was conducted at village Mullowal by NSS Department. Plants were distributed and planted. An awareness regarding environment safety was also conducted. The villagers were motivated to plant more trees.



Tree plantation at Village Mullowal

Swachh Bharat Abhiyan: NSS volunteers participated in Swachh Bharat Abhiyan and carried on a cleanliness drive in the college campus on 09.08.2022. The volunteers cleaned various blocks of the campus with zeal and fervour. The feeling of belongingness is initiated as the volunteers cleaned their own campus. They were motivated by quoting the example of legends like Mahatma Gandhi. The Principal, staff members and programme officers also participated in the drive. 50 participants participated in the Abhiyan.



The Management, Principal, Staff members and Volunteers participating in Swachh Bharat Abhiyan

Workshop on Self Motivation by Art of Living Society, Sangrur:

A One Day Workshop was organized by NSS Department in collaboration with Art of Living Society, Sangrur. Experts interacted with the volunteers and prepared them for self motivation. They focused on the ways to be always happy, fresh and energetic. The importance of diet, getting up early in the morning, going to bed early, role of exercise was discussed. Different techniques and exercises related to focus were taught to the volunteers.



Experts by Art of Living Interacting with Students during Workshop

Seven Day NSS Camp:

A seven day camp was organised by NSS Unit of Desh Bhagat College, Bardwal-Dhuri from 24.05.2022 to 30.05.2022. Various activities related to environmental concerns and drug abuse were conducted in the village Bardwal. The volunteers planted plants in the village. They cleaned cremation ground and Gurudwara of the village Bardwal. Next day the volunteers carried out a rally creating an awareness regarding drugs menace. The volunteers were made aware regarding the falling water table of Punjab. They were given knowledge about the direct paddy plantation instead of transplanting the paddy that saves a lot of water. Experts from Agriculture Department, Dhuri enlightened them. The volunteers also clarified their doubts regarding direct plantation of Paddy. The volunteers also had an opportunity to meet Ms. Jaswinder Kaur, SI, Dhuri City who told them about morals, values and empowerment of women. She enlightened the girls how to deal with eve teasing and sexual harassment. She also encouraged the boys to shun from such acts and behave like responsible citizens by quoting examples from day to day life. 100 volunteers participated in the NSS camp.





Volunteers Cooking for the Camp Participants



Ms. Jaswinder Kaur, SI, Dhuri City being Honoured by College Principal Dr. Birinder Kaur Bhinder



Ms. Jaswinder Kaur, SI, Dhuri City, honouring NSS Volunteers



Volunteers Engaged in Cleanliness Drive



S Sukhwinder Singh, SHO, Dhuri giving Green Signal to NSS Rally against Drug Menace



Awareness Rally against Drug Menace at Village Bardwal



Cleanliness Drive at Crematory at Village Bardwal



NSS Volunteers planting saplings at village Bardwal



NSS Volunteers being welcomed by Sarpanch at Village Bardwal



Dr. Satpal Singh, District Training Officer, Agriculture Dept., Dhuri enlightening the Volunteers regarding the Falling Water Table and the Ways to Prevent it



Volunteers Donating Saplings to Dr. Satpal Singh for Plantation

NSS ACTIVITIES (SESSION 2022-23)

Sangoshthi: (14.08.2022)

Volunteers participated in Sangoshthi discussing the importance of national flag and independence of the nation to mark the celebration of Independence Day. There was a discussion on the national flag, national emblem and national anthem. 18 volunteers participated in the discussion.



Sangoshthi on Independence Eve

Celebration of Dr. B.R. Ambedkar's Birthday: 14.08.2022

NSS Unit of DBC celebrated Dr. B.R. Ambedkar's Birthday to commemorate contribution made towards Indian Constitution. Students participated in Poster Making and Declamation related to the life and contribution of Dr. B.R. Ambedkar. 60 students participated in the event.



Har Ghar Tiranga (13.08.2022 to 15.08.2022):

NSS Unit of Desh Bhagat College, Bardwal-Dhuri participated in Har Ghar Tiranga drive to mark Independence Day celebration. The students posed with Tiranga in different ways and clicked their photographs to mark the Independence Day. They conveyed a message of love and respect for the nation. Though selfies the volunteers commemorated the sacrifices of the martyrs, conveyed message of peace and took pride in prosperity of the nation.



Happy Independence Day 🇮🇳



Volunteers posing with Tiranga



Volunteers and Staff Members Posing with National Flag

Van Mahostav: (25.08.2022)

NSS Unit of DBC, Bardwal-Dhuri celebrated Van Mahotsav and planted several trees in the campus. Members of the trust, Principal, staff members and NSS volunteers participated in the tree plantation drive and enhanced the green cover of the college. The Principal highlighted the importance of trees in life and motivated the students and staff to plant more trees in life and make it their habit to plant a tree on every special occasion of their life. 50 students participated in the plantation drive.



Tree Plantation Activity During Van Mahotsav

**Awareness Rally against the use of Plastic and Promoting the Segregation of Waste:
(17.09.2022)**

NSS Volunteers participated in awareness rally organised by Municipal Committee, Dhuri to create awareness against the use of plastic and for the promotion of segregating the dry and wet waste. The aim of the rally was to promotion of bio-degradable products. 100 students participated in the drive.



Volunteers Participating in Awareness Rally

Celebration of S. Bhagat Singh's Birthday: (29.09.2022)

NSS Volunteers participated birthday celebration of S. Bhagat Singh to commemorate the birth anniversary of S. Bhagat Singh. NSS Programme Officer Dr. Manjit Singh enlightened the students regarding the philosophy of S. Bhagat Singh. Students also participated in discussion related to the martyr's teaching.



Birthday Celebration of S. Bhagat Singh

One Day Camp Regarding Drug Awareness: (04.12.2022)

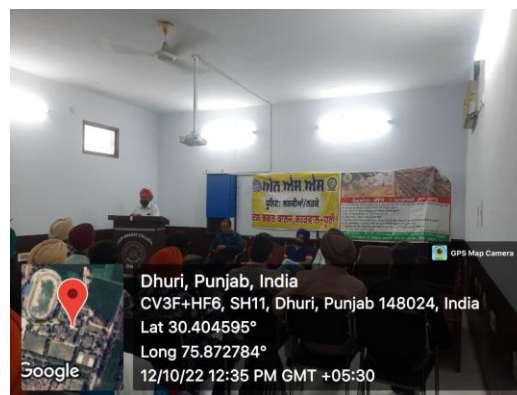
NSS Department conducted one day camp regarding Drug Awareness in collaboration with Gram Panchayat Ranike. The volunteers visited village Ranike and interacted with the villagers regarding the menace of drugs. The villagers were made aware regarding the ill effects of drugs and how to protect their children from falling prey to drugs. They were also told about various de-addiction centres. 50 students participated in the camp.



One Day Camp creating Awareness Regarding Environment Protection

Workshop on Awareness against Stubble Burning: (12.10.2022)

NSS Dept conducted a one day workshop creating an awareness regarding stubble burning in the fields. Dr. Satpal Singh, Dist. Training Officer, Agriculture Dept., Dhuri was the resource person. He highlighted the ill effects of burning stubble in the fields that lead to excessive pollution, toxic smog, poor visibility and a number of respiratory and eye ailments. He motivated the students to take up cudgels against this practice and start encouraging the people in society to use the stubble in making useful eco-friendly articles. The resource person also promoted certain agricultural practices that can save water table. He encouraged them to plant more trees to save our future. 60 students participated in the workshop. The students also clarified their doubts at the end of the session.



Workshop Creating Awareness against Stubble Burning

Celebration of Jan Jati Divas: (15.11.2022)

Jan Jati Divas was celebrated to mark the birth anniversary of Birsa Munda- the Jan Jati hero. Students participated in declamation contest on “Contribution of Jan Jati Heroes in Freedom Struggle”.



Participants of the Declamation Contest

One Day Awareness Camp on Human Papilloma Virus and its Prevention: (18.11.2022)

NSS Department organised a one day awareness Camp on Human Papilloma Virus in Collaboration with Panchayat, village Bhasour and Mata Gujri Nursing College, Babbanpur. Women of the village were made aware about HPV, its vaccination and other queries made by the audience.



Awareness Camp on HPV

Seminar on Women Empowerment: Challenges Ahead: (10.12.2022)

NSS Unit in Collaboration with Literary Club organised a Seminar on Women Empowerment: Challenges Ahead. Dr. Ritu Lehal, Director, Women Cell, Punjabi University, Patiala and Ms. Avneet Kaur Sidhu, SSP, Malerkotla were the resource persons of the occasion. Both dignitaries highlighted the importance of being self dependent for girls. They maintained that self confidence is the key to success for girls. The speakers emphasized the need for changes in society that makes women empowered. 100 students participated in the seminar followed by question answer session.



Dr. Ritu Lehal Addressing the Students During Seminar



Dr. Ritu Lehal Being Honoured by the Principal and the Members of the Trust



Ms. Avneet Kaur Being Honoured by the Principal and the Members of the Trust



Ms. Avneet Kaur Addressing the Students during Seminar

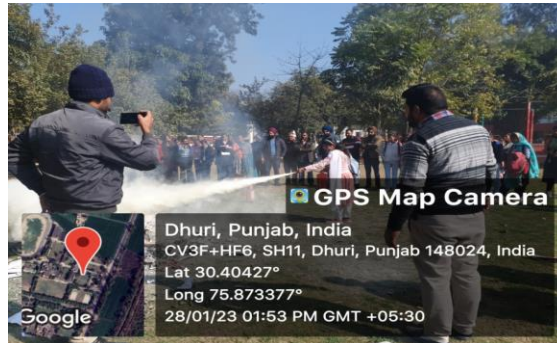
Plantation Activity at village Rajomajra: (16.01.2023) A plantation drive was conducted at village Rajomajra by NSS Department. Plants were distributed and planted. An awareness regarding environment safety was also conducted. The villagers were motivated to plant more trees.



Distribution of Plants at Village Ranike

One Day Workshop and Mock Drill on Fire Safety: (28.01.2023)

NSS Unit of Desh Bhagat College organised one day workshop and mock drill on fire Safety. Senior Fireman, Sh. Pankaj Rana and his team elaborated about the kinds of fire and the ways to control them. The team practically taught the skills of tackling with fire.



Students Performing Mock Drill



Mr. Pankaj Rana Displaying the Fire Extinguishing Techniques



Mr. Pankaj Rana Displaying the Fire Extinguishing Techniques



Mr. Pankaj Rana Displaying the Fire Extinguishing Techniques



Mr. Pankaj Rana Elaborating Types of Fire Extinguisher and their Working



Mr. Pankaj Rana Being Honoured by the Principal And The Staff

Seminar on Health and Nutrition: (30.01.2023) In a seminar on Health and Nutrition, Dr. Simran Pahwa, Medical Officer, Civil Hospital, Dhuri enlightened the students regarding the importance of nutrition in the body. She highlighted the ill effects of junk food and the long term results.



Dr. Simran Pahwa During the Seminar



Dr. Simran Pahwa Being Honoured by the Institute

One Day Workshop on Menstrual Hygiene and Care: (02.02.2023) NSS Department of DBC, Bardwal organised one day workshop on Menstrual Hygiene and Care in collaboration with Sharma Hospital, Dhuri. Dr. Kanwaljit was the resource person. She enlightened the girl students on the important issue. She also interacted with the students who clarified their doubts on the issue.



Dr. Kanwaljit Addressing the Students on Menstrual Hygiene

Rally Against Stubble Burning: (17.02.2023)

NSS volunteers participated in a rally against stubble burning. They visited village Daulatpur and interacted with the farmers and distributed literature creating an awareness about the ill effects of stubble burning.



Principal Dr. Balbir Singh Giving Green Signal to the Rally



Volunteers Interacting With the Farmers in the Village Creating Awareness Regarding Stubble Burning

Lecture and Interactive Session on Condition of Women in Contemporary Era: Health, Society and Culture: (02.03.2023)

NSS Unit of DBC organised a lecture and interactive session on Condition of Woman in Contemporary Era: Health, Society and Culture. Dr. Harshinder Kaur, Professor, Dept. of Paediatrics, Govt. Rajindra Hospital, Patiala was the resource person. She interacted with the students and discussed the problems related to women in all spheres of life.



Dr. Harshinder Kaur Addressing the Students



Dr. Harshinder Kaur Being Honoured by the Principal and the Staff



Tree Plantation by Dr. Harshinder Kaur in the Campus

One Day Workshop on Empowering Woman: Defence Techniques: (15.03,2023)

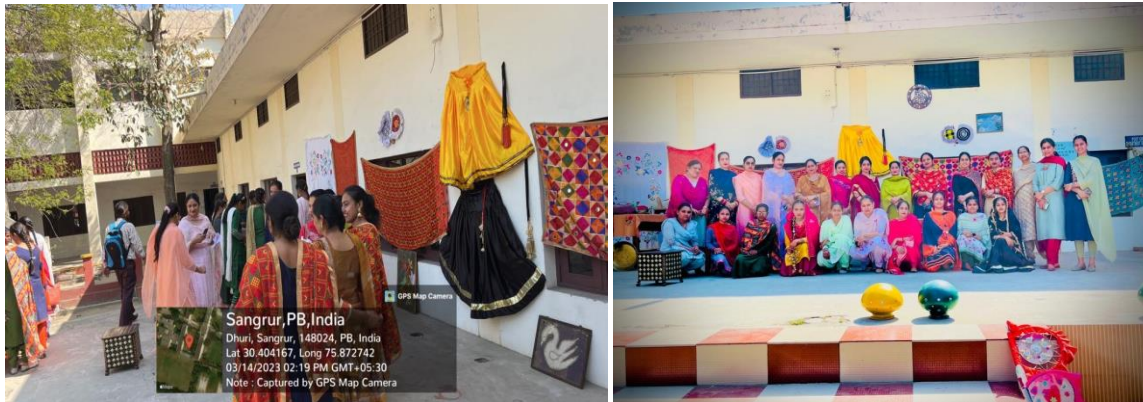
One Day Workshop on Empowering Woman: Defence Techniques was organised for girl students by NSS unit of the college. Mr. Mohan Lal, Taekwondo coach practically taught the students the techniques for self-defence.



Mr. Mohan Lal Training the Students

Punjab Culture Day: (14.03.2023)

NSS unit in collaboration with Sociology dept. celebrated Punjab Culture Day. Exhibition of traditional goods and dresses along with a cultural show was organised in the college.



Celebrating Punjab Culture Day

Guest Lecture and Interactive Session on Save Environment: Save Villages: (17.03.23)

NSS unit organised a guest lecture and interactive session was organised. Dr. Gurpreet Singh, Assistant Professor, Political Science, Punjabi University, Patiala was the guest speaker. He highlighted the importance of nature to save environment.



Dr. Gurpreet Singh Being Welcomed by the Principal and the Staff Members



Dr. Gurpreet Singh Addressing the Students

World Happiness Day: (20.03.2023)

NSS volunteers participated in World Happiness Day organised by NSS Unit. The students expressed their happiness in different forms. They participated in various form of singing and extempore speech.



Vignettes of World Happiness Day

Water Day Celebration: (22.03.2023)

NSS unit celebrated water day on 22.03.2023. Students participated in slogan writing on water conservation.



Prize Winners of the Slogan Writing on Water Conservation Day

Interactive Session on Moral Education and Human Values: (29.03.2023)

NSS dept. organised an interactive session on moral education in collaboration with Save Our Souls Society (Sehaj Path Seva Society), Amritsar. S. Satnam Singh Solhpuri enlightened the students with moral education and human values by quoting day to day examples. The lecture particularly aimed at creating an awareness regarding drugs. The speaker motivated the students to stay away from drugs by following the path of morals and values taught by all the religions. Free literature was also distributed to the students and staff members.



Distribution of Free Literature by Save Our Souls Society



S. Satnam Singh Sohlpuri Interacting With the Students

Promoting Vegetarianism: (13.04.2023)

A documentary was shown to students by NSS department collaboration with Karuna Veg Foundation Regd., Delhi to sensitise the students on evils prevalent in society at various levels. They targeted violence on animals and promoted vegetarianism.



An Attempt to Promote Vegetarianism in Collaboration with Karuna Foundation